



# St. Regis Lunch Menu April 2019

Mon	Tue	Wed	Thu	Fri
<b>1 Taco Salad</b> <b>Spanish Rice &amp; Beans</b> <b>Fruit cup</b>	<b>2 Grilled Chicken Sandwich</b> <b>Baked Beans</b> <b>Fruit Cup</b>	<b>3 Beef and Macaroni</b> <b>Fresh Vegetables</b> <b>Fruit</b>	<b>4 Chicken and Penne Pasta w/ Vegetables</b>	<b>5 Fried Fish</b> <b>Brown Rice</b> <b>House Salad</b>
<b>8 Breakfast for lunch: Eggs, Sausage Patties Potatoes</b>	<b>9 Turkey &amp; Cheese Rollup</b> <b>Green Beans</b> <b>Potatoes</b>	<b>10 Pizza</b> <b>Garden Salad w/ Garbanzo Beans</b> <b>Cookie</b>	<b>11 Grilled Chicken Salad</b> <b>Roasted Corn</b>	<b>12 Vegetarian Chili</b> <b>Cheese Quesadilla</b> <b>Fresh Fruit</b>
<b>15 Braised Chicken with garlic</b> <b>Wild Rice</b> <b>Green Beans</b>	<b>16 Spaghetti &amp; Meat Sauce</b> <b>Garlic Breadstick</b> <b>Caesar Salad</b>	<b>17 Hamburgers</b> <b>Caesar Salad</b> <b>Baked Beans</b> <b>Sauteed Veggies</b>	<b>18 12:15 Dismissal</b>	<b>19 NO SCHOOL</b>
<b>22 NO SCHOOL</b>	<b>23 Chicken Nuggets</b> <b>French Fries</b> <b>Fresh Fruit</b> <b>Salad</b>	<b>24 Chef Salad</b> <b>Garlic Breadstick</b> <b>Fresh Fruit</b>	<b>25 Grilled Chicken On a Bun</b> <b>Carrots &amp; Broccoli</b> <b>Fruit Cup</b>	<b>26 Taco Salad</b> <b>Pinto Beans w/ Spanish Rice</b> <b>Fruit Cup</b>
<b>29 Chicken Stir Fry</b> <b>White Rice</b> <b>Egg Rolls</b>	<b>30 CHEF'S CHOICE</b>	<b>1 Grilled Chicken on Lettuce</b> <b>Garlic Breadstick</b> <b>Fruit</b>	<b>2 Hot Dogs</b> <b>Mac &amp; Cheese</b> <b>Roasted Corn</b> <b>Fresh Vegetables</b>	<b>3 12:15 Dismissal</b>